

**COURSES OF STUDY**

**Grades 1-6**

Courses of study for grades 1 through 6 shall include the following:

1. English: knowledge and appreciation of language and literature, and the skills of speaking, reading, listening, spelling, handwriting, and composition
2. Mathematics: concepts, operational skills and problem solving
3. Social sciences: age-appropriate instruction drawing upon the disciplines of anthropology, economics, geography, history, political science, psychology, and sociology, including instruction in:
  - a. The history, resources, development, and government of California and the United States  

Instruction shall include the early history of California and a study of the role and contributions of men and women, black Americans, American Indians, Mexicans, Asians, Pacific Island people, and other ethnic groups to the economic, political, and social development of California and the United States, with particular emphasis on portraying the role of these groups in contemporary society.
  - b. The development of the American economic system, including the role of the entrepreneur and labor
  - c. The relations of persons to their human and natural environments
  - d. Eastern and western cultures and civilizations
  - e. Contemporary issues
  - f. The wise use of natural resources
4. Science: biological and physical aspects, with emphasis on experimental inquiry and the place of humans in ecological systems
5. Visual and performing arts: instruction in dance, music, theatre, and visual arts aimed at developing aesthetic appreciation and creative expression
6. Health: principles and practices of individual, family, and community health

The adopted course of study shall provide instruction at the appropriate grade levels and subject areas in:

**COURSES OF STUDY** (continued)

- a. Personal and public safety and accident prevention, including instruction in emergency first aid, hemorrhage control, treatment for poisoning, resuscitation techniques, and cardiopulmonary resuscitation when appropriate equipment is available
  - b. Fire prevention
  - c. The protection and conservation of resources, including the necessity for the protection of our environment
  - d. Venereal disease
  - e. The effects of alcohol, narcotics, drugs, and tobacco upon the human body
7. Physical education, with emphasis on physical activities conducive to health and vigor of body and mind
  8. Career awareness exploration

**Grades 7-8**

Courses of study for grades 7-8 shall include the following:

1. English: knowledge and appreciation of literature, language and composition, and the skills of reading, listening, and speaking
2. Social sciences: age-appropriate instruction drawing upon the disciplines of anthropology, economics, geography, history, political science, psychology and sociology, with instruction in:
  - a. The history, resources, development, and government of California and the United States, including early California history and the role and contributions of both men and women, black Americans, American Indians, Mexicans, Asians, Pacific Island people and other ethnic groups to the economic, political and social development of California and the nation, with particular emphasis on the role of these groups in contemporary society
  - b. The development of the American economic system, including the role of the entrepreneur and labor
  - c. The relations of persons to their human and natural environments, including the wise use of natural resources

**COURSES OF STUDY** (continued)

- d. Eastern and western cultures and civilizations
  - e. Human rights issues, with particular attention to the study of the inhumanity of genocide, slavery, and the Holocaust
  - f. Contemporary issues
3. Physical education: with emphasis on physical activities conducive to health and vigor of body and mind, as required by Education Code 51222
  4. Science: physical and biological aspects; emphasis on basic concepts, theories, and processes of scientific investigation and on the place of humans in ecological systems; appropriate applications of the interrelation and interdependence of the sciences
  5. Mathematics: mathematical understandings, operational skills and problem-solving procedures; algebra
  6. Visual and performing arts: dance, music, theatre, and visual arts, with emphasis upon development of aesthetic appreciation and creative expression
  7. HIV/AIDS prevention
  8. Personal and public safety, accident prevention and health, including instruction in:
    - a. Emergency first aid, hemorrhage control, treatment for poisoning, resuscitation techniques, and cardiopulmonary resuscitation when appropriate equipment is available
    - b. Fire prevention
    - c. The protection and conservation of resources, including the necessity for the protection of our environment